

# Sport

## Sport

**Campus:** Dearne Valley College

**Code:** DFESP001

**Level:** 2

### About This Course

Our Level 2 course in Sport provides industry skills and specialist knowledge of sport, nutrition, anatomy and physiology to support you into employment or further study in the industry. You will also have the opportunity to study additional qualifications such as coaching and emergency first aid.

### What Will I Study?

- Fitness for Sport and Exercise
- Practical Sports Performance
- Anatomy and Physiology for Sport Performance
- The Mind and Sport Performance
- The Sport Performer in Action
- Injury and the Sport Performer
- Carrying out a Sports Related Project and
- Designing Exercise Programmes
- Practical Land-based Outdoor and Adventurous Activities

### Why Study Here?

Our sports teaching team bring specialist skills and experiences to the classroom, with backgrounds as managers in the leisure industry, as personal trainers and health professionals, and professional sports coaches.

Specialist teaching by our industry-experienced professionals who bring their experiences into the classroom and their teaching.

State-of-the-art, on-site sporting facilities including a sports and fitness centre, multisport cages and AstroTurf pitches, with access to a range of sports equipment and technology including a sports GPS system, timing gates, and Hi Cam Telescopic Mast Filming Systems, used to measure and analyse fitness and

performance.

Access during teaching and as part of your course to the near-by Manvers boathouse and lake with access to activities such as canoeing, open-water swimming, mountain biking, orienteering, windsurfing, sailing and raft building.

## Entry Requirements

- Four GCSEs at grade 4 or above or a relevant Level 1 qualification
- A successful interview with a course tutor

## How To Apply

You can apply using our online application form and clicking the **Apply Now** button at the top of this page.

For more information support with your enquiry or application please contact Student Services by emailing [learn@dearne-coll.ac.uk](mailto:learn@dearne-coll.ac.uk) [mailto:learn@dearne-coll.ac.uk] or by calling **01709 513355**.

## What Courses Can I Progress Onto?

Upon successful completion of this course, you will have the opportunity to progress on to Level 3 Sport or a sport or fitness-related apprenticeship.

## Tuition Fees

- 16-18 year olds do not need to pay course fees
- Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if you qualify for help with fees

If you need further advice or guidance please contact the Enquiries Team on **01709 513355**.

### PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2022-23 or 2023-24. However, we do reserve the right to make changes if necessary.

**Last updated:** 6th November 2024